CATHOLIC CHARITIES STEUBEN/LIVINGSTON

ANNUAL REPORT 2022

Administrative Office: 34 E. State Street Mt. Morris, NY 14510 ccsteubenlivingston.org







Steuben/Livingston Stronger Together

LETTER FROM THE CEO

Dear Friends,

2022 was a year of continued growth and progress for Catholic Charities Steuben/Livingston, which integrated two legacy agencies under the Catholic Charities of the Diocese of Rochester in January of 2021. Our (second) year post- integration focused on continuing to strengthen our foundation as an integrated agency to ensure improved community impact. Building upon our deep- rooted legacy strengths such as a mission focused team of employees and volunteers, rich community partnerships, and an unwavering commitment to meet critical needs for children, adults, and families in our communities- we proudly served over 30,000 people this year.

We created a plan to guide our work, recruited, welcomed, and trained new team members and volunteers, forged new partnerships, and successfully expanded services within and beyond Steuben and Livingston counties. As we reflect on a successful year in 2022, I am most proud of not what we do, or how many people we were able to reach, but rather- the way in which Catholic Charities Steuben/Livingston joins an individual (if only briefly) to extend help with compassion and dignity. Our value shines through each and every time we see a relieved expression or smile or hear the giggle of a young child. If after leaving us, a community member feels more hopeful than when they arrived at our door, we've moved the needle as an agency, and as a community.

It's been another trip around the sun filled with blessings as well as opportunities. We continue to learn effective, innovative, and sustainable ways to help meet needs in our communities. We've increased evidenced- based practice provision, forged new community partnerships that will have lasting impacts on the individuals we collaboratively serve, continued our progress related to electronic record/ data system implementation, and took several strategic steps forward as a hybrid, community- based organization. We're bound by mission and vision, not by bricks and mortar. Through co-location of service sites, technology enhancements, and operational efficiencies learned and gained throughout the public health emergency, we continue to expand capacity to provide easier access to services, linking arms with partners, to help transform and impact life for one another.

With the ongoing support of our donors, partners, our Board of Directors, staff and volunteers, Catholic Charities Steuben/Livingston is ready for the challenges and opportunities ahead in the coming year.

Sincerely,

Robert g. Trusiak

Robert Trusiak Interim Chief Executive Officer Catholic Charities Steuben/Livingston Robert.trusiak@dor.org 716-352-0196

LETTER FROM THE BOARD OF DIRECTORS

Dear Friends and Supporters,

As the Chair of the Board of Directors, it is both an honor and a privilege to reflect on the remarkable journey of Catholic Charities Steuben/Livingston over the past year.

In a year filled with unprecedented challenges, I stand in awe of the resilience and dedication exhibited by our team, volunteers, and supporters. Together, we navigated uncharted waters, adapting swiftly to the evolving landscape while staying steadfast in our commitment to our mission.

This year marked significant milestones for us, with the growth of many programs in the surrounding counties and the success of our many fundraisers.

However, our success hasn't come without its share of obstacles. The challenges we faced served as opportunities for innovation and growth. Through collaborative efforts and unwavering determination, we turned these challenges into steppingstones toward greater accomplishments.

The strategic vision set forth by our Board and embraced by our dedicated staff has been instrumental in propelling us toward our goals. We remain committed to the communities we serve, guided by our mission of building a just and compassionate society rooted in the dignity of ALL people.

None of our achievements would have been possible without the unwavering support of our donors, volunteers, staff, and community partners. Your belief in our mission fuels our determination and emboldens us to reach further, do more, and serve better.

As we embark on the journey ahead, I extend my heartfelt gratitude to each one of you for your continued support and commitment to Catholic Charities Steuben/Livingston. Together, we will continue to make a tangible and lasting impact in Steuben, Livingston, and the surrounding counties.

Sincerely,

Peborah Farberman

Deborah Farberman Chair, Board of Directors



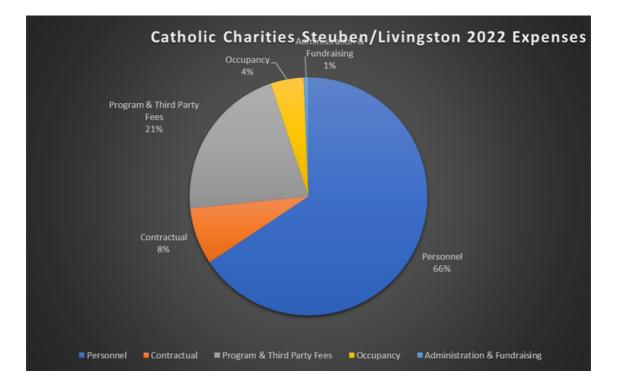
OUR MISSION

Catholic Charities Steuben/Livingston mission is to build communities that care for all people by strengthening and enriching the quality of life for individuals, families, and children; working to reduce poverty; and advocating for social justice.



FINANCIAL STATEMENT

Catholic Charities of the Diocese of Rochester dba Catholic Charities Steuben/Livingston		
Income:		
Grants & Contracts	\$	6,209,773
Donations & Fundraising	\$	616,447
United Way	\$	322,796
Program & Third Party Fees	\$	1,475,725
Board Restricted Investment Earnings	\$	17,737
Church Contributions	\$	30,588
Other Revenue	\$	21,969
Total Income	\$	8,695,035
Expenses:		
Personnel	\$	5,625,578
Contractual	\$	661,669
Program & Third Party Fees	\$	1,837,768
Occupancy	\$	387,125
Administration & Fundraising	\$	55,827
Total Expenses	\$	8,567,967



OUR SERVICES

EMERGENCY SERVICES

Help Works in Livingston County and Turning Point in Steuben County together are now known as Emergency Services. Our three pantries along with our caseworkers provide a holistic approach to our services and believe that for our clients to overcome their barriers their basic needs must be met first.

In 2022 we provided services to over 1500 individuals including enough food for 266,135 meals.

In 2022, we became part of the Southern Tier – Finger Lakes Community Organization Active in Disaster (COAD). Our response to the flooding events in recent years provided us an opportunity to work together with other area organizations. With the COAD we will be working together to increase the effectiveness of our response to such disasters and to reduce the impact on those we serve.

The Emergency Services team remains resilient as we continue to see an increase in the need for our services. The increase in the cost of food, rent, utility and basic needs has made the need for our services even more critical than ever before.

EMERGENCY HOUSING

Our Emergency Housing Program's goal is to provide help to families that are homeless, facing eviction, or living in sub-standard housing. This program works to help families find safe and affordable housing. We provide our clients with the following services: Obtaining and maintaining employment; access to legal information and resources; providing personal, financial, and career goal planning; locating educational and training programs; finding childcare; providing advocacy, counseling and support; and providing information and referrals. We served 9 families numbering a total of 29 individuals 16 children and 13 adults) in 2022.

2022 was a challenging year for the homeless. Landlords were still worried about the loss of rental income due to non-payment from tenants during covid and were particular about applicants. There was a lack of available housing for clients, which made the housing searches difficult. We have had some very positive outcomes for clients and have had a low return to the program rate due to their successes when acquiring permanent housing, and we are quite proud to be able to state that nearly 30 people in Livingston County found housing with our assistance this year.







HELP FOR FAMILIES

Supportive Home and Parent Enrichment (SHAPE)

SHAPE is a strength based in-home parenting program that works with families in Allegany, Steuben and Yates counties for the preservation of families. Families work to strengthen parenting skills, improve child development knowledge, learn conflict management strategies, access community resources, and more. Our goals are to support and strengthen family life and self-reliance. Referrals come from the Department of Social Services. In 2022 SHAPE served a total of 107 families across all three counties.

SHAPE Yates also provides Home Based Crisis Intervention (HBCI) services and skill building services with referrals from Community Services. These programs are designed to work with parents and children to promote a healthy home environment and teach appropriate social skills. In 2022 these programs served 27 families.

Healthy Families

Healthy Families Steuben/ Livingston is a program of Healthy Families New York, an affiliate of Healthy Families America. Healthy Families staff strive to talk with all new and expecting parents in the communities we serve. Our goal is to identify family strengths and provide appropriate information and referrals for any challenges a family may face to help babies get off to a healthy start. At Healthy Families we believe early nurturing relationships are the foundation for healthy development that lasts a lifetime. Our evidence based, in home support, is designed to help parents build a strong foundation for raising happy, healthy, safe and smart children. Healthy Families services are always free and voluntary.

In 2022 Healthy Families staff worked in partnership with 234 families. The program staff completed 3356 home visits, providing support in a variety of ways, including education on health and development, nutrition, developmental activities, breastfeeding support, and referrals to community partners. In December of 2022, Healthy Families Steuben/Livingston hit the milestone of completing over 100,000 home visits in their 27 years of service!



DSS Parenting Education

Parenting Education provides "in home" instruction and "hands on training" to help improve parenting skills for at risk parents. There are several different evidence-based programs for our trained facilitators to choose from. Each participant completed a "pre and post" assessment and received a certificate upon completion. In 2022 there were 19 referrals from Livingston County Department of Social Services.

Family Therapy

CCSL, under contract with Livingston County Mental Health, is committed to delivering in-home family therapy services to individuals identified by the Single Point of Access (SPOA) committee as necessitating such support. Our dedicated team includes a Licensed Master Social Worker who specializes in tailoring therapeutic interventions to the unique needs of each identified family.

Our comprehensive therapeutic services are centered on enhancing intra-family communication, realigning familial roles, and introducing novel parenting strategies, all with the overarching objective of fostering improved family dynamics and interactions.

Throughout the year 2022, CCSL successfully extended its services to a total of 12 families, thereby contributing to the betterment of their familial relationships and overall well-being.



HOPE (Helping One Person Excel) Youth Mentoring

The HOPE Youth Mentoring Program serves youth in Livingston County between the ages of 6 and 18. Our goal is to establish a one-on-one match with an adult in a mentoring role for each of the youths in the program. Once matched, Mentors meet with their youth a minimum of four hours a month and do activities together that offer the youth opportunities they may have not been able to do otherwise. Waiting list youths are invited to all group activities. In 2022, our group activities included a bowling party, a quilling lesson, a day at Camp Stella Maris, an afternoon at Minnehans, seven playwriting sessions and a final show put on by the SUNY Geneseo Theater group. As of December 31, 2022, there were twenty-two active matches and fourteen youths on the waitlist. Ten new youth joined the program, and seven new matches were made in 2022.



Therapeutic Foster Care

Therapeutic Foster Care is out-of-home placement for children in the custody of a local Department of Social Services who need more treatment and supervision than can be provided at the county level, but which is less restrictive than residential placement. It is the mission of our foster care program to provide professional community-based treatment in home-like settings best suited to meet the developmental and treatment needs of each child. Our objective is to promote the positive character development of the child, and the resolution of problems that are personally or socially destructive. Services are provided in accordance with the highest professional standards possible. The intention of this program is to return the child to their home as early as is desirable and feasible. When indicated, an alternative plan to returning home is developed that provides a child with a plan for their permanency. In 2022, we received 89 referrals from local department of social service agencies. Our program had 27 beds available, and our program was successfully able to place 33 youth in those beds throughout the year.



Faith in Action

Faith in Action (FIA) is a volunteer supported program that provides the following services to enrolled Livingston County individuals free of charge: transportation to medical appointments, grocery/pharmacy transports and/or assists, friendly visits, telephone calls, yard work, and minor home repairs. The mission of Faith in Action is to provide one-on-one assistance, with volunteer support, to elderly and/or health impaired individuals and their families to support independent living at home. To be enrolled in the program, individuals need to be 60 years of age or older OR receive Social Security Disability. In 2022, we provided 883 services to 76 clients. This year we utilized 36 volunteers and two staff members to complete these services.

CHILDCARE SERVICES

BATH COMMUNITY CHILD DAY CARE

Bath Community Child Day Care is the only licensed day care center in Bath, NY. The center cares for children aged 6 weeks to 12 years of age. Bath Community Child Day Care offers an early learning childcare program up to 5 years and before and after care for PreK to 12 years old.

Bath Community believes the presence of high-quality affordable childcare is an indispensable asset to the community. With structured early learning programs available for children, parents are supported knowing their children are receiving nurturing care that will foster the healthy development of their minds, bodies, hearts, and souls. At Bath Community Child Day Care, a safe environment rich in developmentally appropriate activities is maintained. Through the advancement of social skills and friendship building, we promote a sense of community and nurture the growth of self-esteem and teach responsibility for self and others.

We also believe children learn best through meaningful play which encourages curiosity, discovery and problem solving which allows individual growth and development of a positive self-image. Trained, credentialed staff provide developmentally appropriate activities and opportunities that encourage all children to explore their environment, interact with peers and adults and learn and practice new skills.

KIDS ADVENTURE TIME

Kids Adventure Time is a Yates County children's program that has evolved throughout the years from a summer program to offering various programs throughout the year. In 2022, KAT ran a summer, fall and winter program, serving 192 units in total. 16 unique clients enrolled with 13 of those clients attending the programs throughout the year of 2022.



SPECIALIZED SERVICES - YOUTH & ADULT

Children's Behavioral Health Services

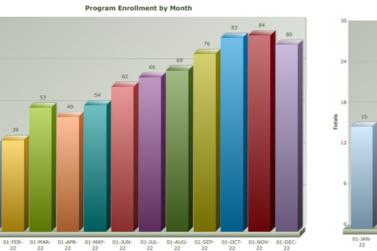
Children's Behavioral Health Services encompass two primary components: Children's Family Treatment Support Services (CFTSS) and Home and Community Based Services (HCBS). Within CFTSS, we find the valuable component known as Psychosocial Rehabilitation (PSR), while HCBS comprises various essential sub-services, including Community Self Advocacy and Training, Caregiver Family Support and Training, Planned Respite, Pre-vocational, and Supported Employment. In both service groups, dedicated case workers collaborate closely with the identified child and their support team, which may include family members, care managers, therapists, and other relevant professionals.

The central objective is to collaboratively establish and pursue specific goals for the client. These goals encompass a wide spectrum of skills, which may include coping strategies, social interaction capabilities, improved integration within the home and community, effective communication skills, and the enhancement of daily living routines. Once these goals are thoughtfully identified, the case worker engages in a concerted effort with the client and the support team to facilitate the realization of these objectives.

The ultimate aspiration is to empower the client to achieve self-sufficiency, rendering the need for ongoing case worker involvement unnecessary. Our services are offered across Livingston, Steuben, and Wyoming Counties. In the year 2022, CCSL employed seven dedicated individuals who collectively provided valuable services to 130 clients.

CFTSS PROGRAM ENROLLMENT BY MONTH

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Program Enrollment by Month

HCBS PROGRAM ENROLLMENT BY MONTH

Children's Health Home Care Management

Children's Health Home Care Management is a program designed to help the provider team of high needs children to provide cohesive care to that child/family by using a team approach. Teams are typically made up of medical and mental health professionals, schools, outside providers via various agencies, and social support contacts. Teams work to achieve common goals set in place via team meetings and care plans developed by the entire team and are inclusive of the child and family. Care Managers work on regular assessments with the child and link child/family to appropriate community resources. Currently there are more than 100 children enrolled in Livingston, Steuben, and Wyoming Counties. Our program employs two full-time care managers in Steuben County, and four full-time care managers who mainly work in Livingston and Wyoming Counties. The program is mainly funded by value-based payment through NYS Medicaid, but there is also an existing contract with Livingston County Mental Health to provide care manager no longer carries a caseload as of this year, affording the time to fully support all care managers with home visits, team meetings, and direct onboarding and supervision. Below is a statement submitted by the guardian of two children enrolled in our program.

"We were referred to Catholic Charities by a therapist because both girls who came to live with us suffer from trauma and individually had other medical/mental issues. At that time, they had lived with us for almost a year and my family couldn't handle much more. Heather and her team stepped in and took so much off my shoulders. They got us support, resources, and so much help for the girls. These few sentences don't even come close to what can be said about them all! They truly saved my family, and I am forever grateful for everything they do daily for us!"

Adult Home & Community Based Services

Home and Community Based Services (HCBS) and Community Oriented Recovery and Empowerment (CORE) services provide person-centered services within the home and local community for Medicaid recipients enrolled in a Health and Recovery Plan (HARP), who have specific medical and mental health needs. These services support individuals who are living with or recovering from mental health and/or substance abuse disorders. CORE services provided fall under the following areas: Psychosocial Rehabilitation (education or employment focus), Family and Support and Training, and Peer Empowerment services. HCBS services include Habilitation and Intensive/Ongoing Supported Employment. HCBS and CORE are voluntary programs that help clients build skills in areas of self-worth, confidence, communication, daily living, and self-management. The staffing format is comprised of a director, supervisor, two case workers and a certified peer specialist to cover both Steuben and Livingston Counties. The peer and caseworkers working with referred individuals, serve as skill builders, encouragers, listeners, and advocators. In 2022, 44 people were enrolled in services. The population was 59% female, 2% transgender, and 39% male.



ADDICTION SERVICES PREVENTION & SUPPORT

Prevention Services

The Prevention Education Programs under Prevention Services is certified through NY State's Office for Addiction Services and Supports (OASAS). The prevention education programs provide relevant substance use and misuse education and information through classes, community events, advertising, and publicity to Steuben County children and youth grades K-12, and adults. Prevention education also focuses on all topics relating to healthy living, problem-solving, and violence prevention. The more risk and protective factors that our programs address across the lifespan, the better prepared youth are as they grow and move to adulthood.

These services are not only school based but presented in afterschool programs, community-based programs, and in conjunction with other services organizations all with the purpose of preventing substance abuse and other destructive behaviors. Prevention services also serves the community through information dissemination via newsletters, posters and more to help increase knowledge and awareness.

The Prevention Counseling program is a key prevention program in the Haverling and Hammondsport School Districts. Through its individual and group youth counseling service, staff can address potential or emerging problems before they manifest into more dangerous addictive and risky behaviors including substance abuse, antisocial behavior, and school absenteeism, all which can develop into poor long-term social and academic functioning. The primary goal is to help students and their families gain the necessary skills to effectively cope with challenging life situations and to empower them to make positive choices.

1,209 Total Youth served with Evidenced Based Curriculums

1,702 Total Youth served with Custom Designed Curriculums

37 Total Prevention Counseling Youth served **112** Total Adults in recovery served

80 Total Adults served via trainings

34,425 Total Community Information Dissemination

Residential Services

Our Residential Reintegration Program offers a path to recovery from Community Residence to Supportive Living. Our Residential Reintegration Program helps people maintain a substance free lifestyle through housing, support, and education in both a congregate setting (community residence) and a scattered bed (supportive living) setting. The Weider House Community Residence is an 18-bed OASAS 820 licensed facility with an average length of stay between 3 - 6 months. The Supportive Living program is a 14 scattered bed OASAS 820 licensed program with an average length of stay between 6 - 18 months. The Community Residence and Supportive Living Program continue to improve individuals' lives by fostering a healthy recovery environment for men in early recovery from a substance use disorder. In 2022, our Community Residence served 65 men who have substance use disorders.

Client Success Story I have personally been doing so much better than I was a year ago. I come from a broken home. I can't change that. I learned how to work there. At the beginning of 2022, I lost my grandmother, and I took that as a sign from God to think about my life, what I want, and what my future would have been. I personally believe that the last year has changed me so much that I'm 100 % a different person. I was an angry, hateful person. The staff of Catholic Charities have played a huge role in that transformation. Understanding and accountability are what I needed to learn, and I have done just that. I hope all is well and many thanks to everyone in this last year who has helped me succeed.

Employment Case Management

The Employment Case Management program is designed to help individuals gain the necessary skills needed to become employable. In collaboration with Livingston County Workforce Development, we aim to enroll our clients in employment-oriented activities that will help them gain full time employment. Such activities include Adult Education Courses (GED), English as a Second Language, Job Readiness Training and Work Experience Placement. In 2022, over 200 people were served in our employment program.

Jail Services

Transitional Services at the Livingston County Jail serves the incarcerated population with upcoming release dates. The team assists with housing, Department of Social Services processes, mental health appointments, primary care appointments, substance use treatment appointments, Social Security income and disability benefit reinstatement, and medical insurance. We also coordinate with other community resource agencies to complete referrals based on the specific needs of each individual.

In 2022, our team assisted 148 incarcerated individuals in a variety of transitional needs. The Transitional Services team is also trained to facilitate multiple parenting curricula, as well as Cognitive Behavioral Intervention (CBI) programs. The CBI classes are designed to encourage the participants to have a more positive mindset and how to have better outcomes in future situations they may encounter. The overall goal for these programs is to reduce recidivism.

In 2022, we achieved 150% of the estimated enrollment for individuals (both men and women) and 133% of our target were able to graduate to gain a certificate for CBI classes. Our parenting education programs accomplished 136% of our enrollment goal and averaged 95% completions for parenting curricula.

Quote from a Thinking for Change participant:

"I have learned to think for the future and not for the moment."

BOARD OF DIRECTORS



Robert G. Trusiak, Esq. Interim Chief Executive Officer

Karen Dehais Diocesan Director

Deborah Farberman – Chairperson Retired Public Health Sanitarian

Christopher O'Brien - Vice-Chairperson Finance Chief of Staff Corning Incorporated

Andrew Kubrich – Treasurer Business Manager Schindler Elevator Company

Marianne Furfure – Secretary Retired Family Court Judge

Kate Alonzo Retired Librarian Wheatland-Chili

Deacon John Hoffman St. Matthew's & St. Mary's Parish **Andrew Huber** Associate & Senior Consultant Cayuga Partners

Carly Lauricella Relationship Manager ESL Federal Credit Union

Paul Maginn Retired Band Director Gates-Chili School District

Dr. Dennis O'Connor Physician Keuka Family Practice

Joanne Privitera Retired Kindergarten Teacher Keshequa Central School

Pam Rychlicki Retired Principle Clerk Sheriff's Department

David Velasquez Division VP and Director Precision Glass Solutions Corning Incorporated

In the book, Tattoos on the Heart: The Power of Boundless Compassion, Father Gregory Boyle states,

"You stand with the least likely to succeed until success is succeeded by something more valuable: kinship. You stand with the belligerent, the surly, and the badly behaved until bad behavior is recognized for the language it is: the vocabulary of the deeply wounded and of those whose burdens are more than they can bear."

